Let’s take you back in time to 1984. Tina Turner’s *What’s Love Got to Do with It* debuted on the music charts. *Ghostbusters* was released in movie theatres and became a blockbuster hit. Brian Mulroney was elected prime minister of Canada. Pickering Unit 6, Bruce Unit 6, Embalse Nuclear (Argentina) and MAPS-1 (India) all entered commercial service. And CANDU Owners Group (COG) was formed, creating the perfect platform for Excellence through Collaboration.

To mark the occasion, COG is asking members and suppliers to contribute their COG memories, photos and greetings to the celebratory communications activities that will be shared with stakeholders in the fall.

**Your COG 35th Anniversary Memories**

Share some photos, a few sentences or a short video clip (30 seconds or less; preferably recorded with your smartphone held horizontally) relaying a favourite moment in time.

From stories highlighting meaningful achievements and collaborations to COG’s people, past and present, your contributions of all sorts are welcome.

Send materials to Dan Zaiontz: Dan.Zaiontz@CANDU.org by Friday, Sept. 6 to appear in COG’s upcoming communications celebrating the anniversary. If you have a video clip or other large files to share, let Dan know and he will provide you a shared cloud folder to upload to.

This celebration is about COG’s past but also its future. We encourage submissions from COG’s longstanding members and suppliers but also from those newer to COG.

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**Tips for shooting a video on your smartphone**

**Turn the phone sideways:** Use the “landscape” (horizontal) orientation when shooting video, as you’ll get more of yourself in the shot, and you won’t see those black bars on each side of the video when it’s played back.

**Hold your phone steady:** If you don’t have someone to shoot the video for you (ideal scenario), to get a sharp (rather than shaky) video, hold your phone with two hands. If available, consider using a monopod or selfie stick when recording.

**Lighting is critical:** Pay attention to the light around you and take advantage of it. Play with the angles until you like what you see. Not all phones support this but have the camera auto-adjust for exposure and focus. Don’t record yourself near a window or with your back to the sun, as you’ll look like a silhouette.

**Sound advice:** Don’t underestimate the importance of good sound. Try to keep your smartphone close to you to capture the clearest audio possible. Listen for ambient noise before you start recording and if possible, find a quiet space.

**Share your passion:** Don’t forget to share your passion and excitement in marking this special occasion for COG!